



Teknisk-naturvetenskapliga
doktorandrådet - Uppsala universitet

TNRD

Rights, obligations, and representation as a PhD student

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Chair of TNRD 2018/19

PhD Student Council of the Faculty of Science and Technology

(Teknisk-Naturvetenskapliga doktorandrådet, TNRD)

Outline

Where am I?

Organization and representation

Regulations

Who to contact

Social activities!

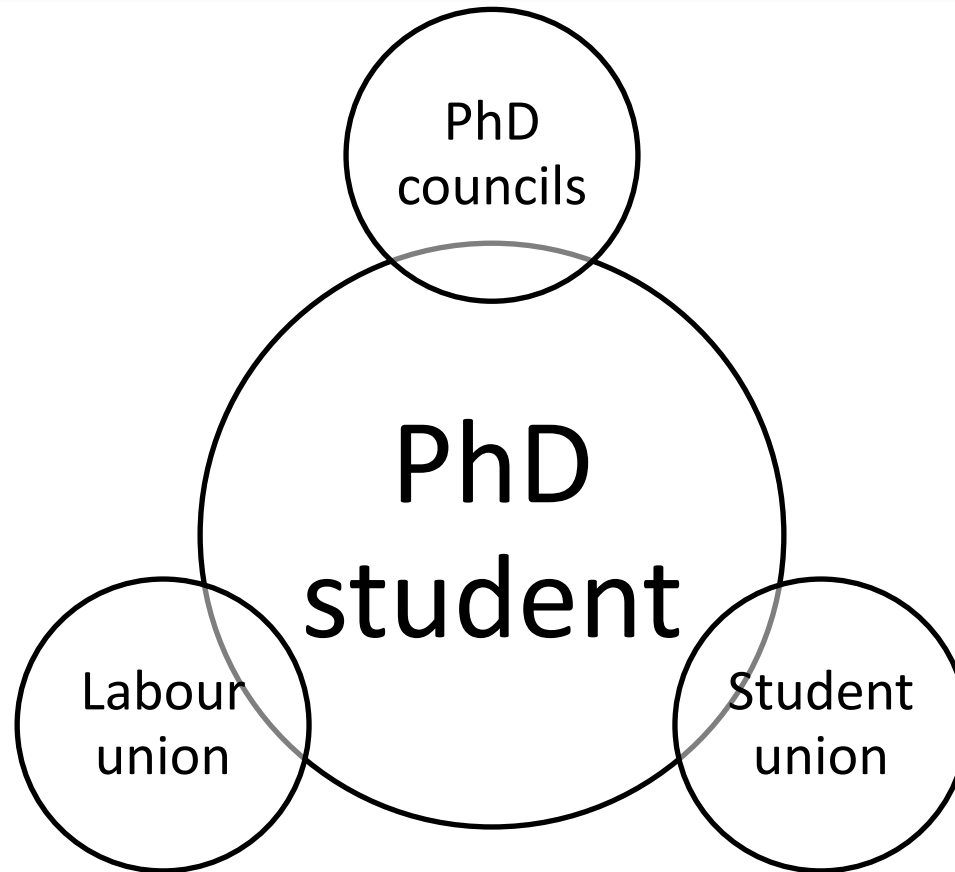
Different types of PhD students

	University PhD	Scholarship PhD	Industrial PhD
Supervisor	University	University	University and company
Employment	University	None	Company
Enrolled	University	University	University
Who pays?	University	Scholarship and sometimes university	Company

The most common types of PhD students are:

- PhD students (called university PhD above)
- Scholarship PhD student
- Industrial PhD student

Rights for PhD students



TNDR / PhD Student Council

The **council** – Representatives from every department (and all who want to come)

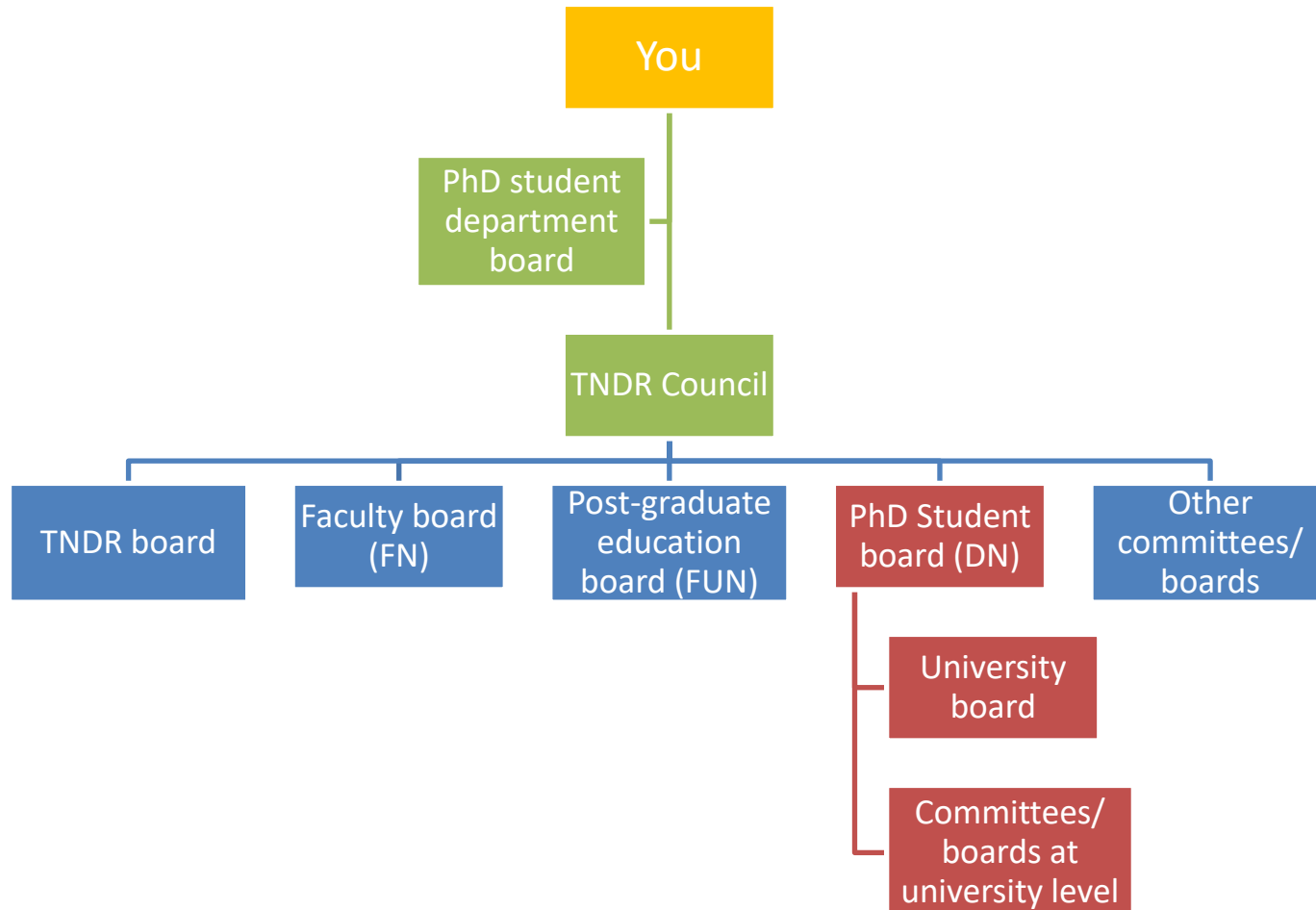
In between the council meetings, **the board** takes care of TNDR's activities

Representatives at various university- and faculty-level boards and committees

Elections in May or June (generally)

Check out tndr.se + information in e-mails!

PhD student representation



PhD students representatives

- Some positions are vacant for 2018/2019:
 - Auditor for TNDR
 - Research subcommittee
 - Board for the admission of excellent teachers
 - ...and a few more
- Contact Johann Schmidt
johann.schmidt@physics.uu.se if you're interested!

Labor unions

We are employees!

Saco, Swedish Confederation of Professional Associations

Sulf, Swedish Association of University Teachers (www.sulf.se)

Naturvetarna, Swedish Association of Professional Scientists
(www.naturvetarna.se)

Sveriges Ingenjörer, Swedish Association of Graduate Engineers
(www.sverigesingenjorer.se)

TCO, Swedish Confederation of Professional Employees

ST, Union of Civil Servants (i.e. in state agencies)
(www.st.org/universitet)

Student unions

We are students!

Uppsala student union (www.uppsalastudentkar.se)

Student and PhD student representation

Membership not mandatory (~55 SEK per term)

Uppsala union of eng. & science students UTN

(www.utn.se/join)

Student representation and co-operates with TNDR

Activities at TekNat

Membership not mandatory (0 SEK per term)

Student nations

- 12 student nations - you can join any of them
- Pubs, cafés, restaurants and nightclubs (membership at one nation mandatory)
- Social, arts and sports activities
- Travel grants (Smålands or Norrlands, for example)
- Housing (V-Dala or Göteborgs, for example)
- You need to bring a certificate from your department or Studentportalen showing that you are a PhD student
- 250 -300 SEK per term

uppsalastudent.com

www.nationsguiden.se

PhD studies - regulations

Student:

The Higher Education Act (Högskolelagen)

The Higher Education Ordinance
(Högskoleförordningen)

Swedish Higher Education Authority
(Universitetskanslerämbetet - UKÄ)

Employee:

SACO-S (Salaries) and labour unions

Local agreements

PhD studies - regulations

Want to know more about the regulations?

Read the PhD handbook!

dn.uppsalastudentkar.se → 'Rules and rights'

Important rights and rules

All PhD students must have an **individual study plan**

You have the right to **change supervisor**

Maximum department duty: **20% of total time**

Funding must be guaranteed for the entire period of post-graduate studies (48 months + department duty)

Individual study plan (ISP)

One of your most important documents

Legal binding document

Revised every year

You are responsible for updating this document

Department duty (max 20%)

Examples of department duty:

Teaching

System administration

Department librarian

You have the right to get training in pedagogy

Academic Teacher Training Course

or

Högskolepedagogisk grundkurs

Salary ladder

50%: normally 24 month (no lic. needed!)

80%: normally 36 month

After PhD-degree: 80%

1000-6000 SEK extra may be added by department

50%/80% excluding time spent on department duty

Step	Salary (SEK/month)	Salary after tax in Uppsala (SEK/month)
year 1	26,100	~19,600
year 2	26,900	~20,200
year 3	27,400	~20,600
50%	28,900	~21,700
80%	31,500	~23,600

Terms of employment

Insurance

depends on type of employment (scholarship or employee).

Vacation

depends on age (28-35 days per year)
should not depend on employment

Benefits

depend on type of employment
subsidies – gym & sports (2000 SEK / year),
medicine, medical treatment etc.

Foreign students

Same rules as for Swedish citizens

Non-EU citizens need a resident permit

Possible to get a permanent residence permit

<https://www.migrationsverket.se/English/Private-individuals/Studying-in-Sweden/Universities-and-university-college/Extend-a-permit.html>

Non-Swedish students: If something happens (sick, injuries, parental leave etc) → Swedish Social Insurance Agency ('Försäkringskassan')

After three years you may vote in your municipality/city

Occupational health service

- PhD students should turn to Feelgood (and not Studenthälsan)
- You are entitled to three visits free of charge, without your boss knowing
- Feelgood has stress management course for PhD students (both in Swedish and English)

In case of problems

Contact or talk to:

Supervisors

Colleagues / other PhD students

Head of department/Director of third cycle education at dept.

International office

UU Personnel Administration Office

Graduate Education Board (FUN)

TNDR

PhD ombudsman studentombud@us.uu.se

Corporate health care: Feelgood

Labor union

There are people who are responsible and will take care of you!

TNDR social activities:

- Gasque
- PhD days
- Beer tasting
- Board game night
- Murder Mystery
- Barbeques
- Pub crawl

...and more!

Contact information

Website: tndr.se

Facebook: Teknisk-naturvetenskapliga
doktorandrådet [TNDR]

www.facebook.com/teknatdr

We send e-mails to all PhD students at TekNat

Thank you,
and good luck!

Anna E. Frost

Chair of TNDR 2018/19

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